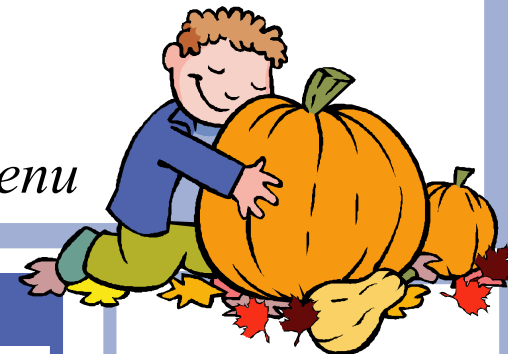


November 2009

Swartz Creek Head Start Breakfast/Snack Menu



Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>Goldfish Grahams Mandarin Oranges Milk</p> <hr/> <p>Goldfish Grahams Mandarin Oranges</p>	<p>3</p> <p>Wheat Chex Mixed Fruit Milk</p> <hr/> <p>Wheat Chex Milk</p>	<p>4</p> <p>Bagel/Cream Cheese Banana Milk</p> <hr/> <p>Bagel/Cream Cheese Milk</p>	<p>5</p> <p>Yogurt ½ English Muffin Peaches Milk</p> <hr/> <p>Yogurt Peaches</p>	<p>6</p>
<p>9</p> <p>String Cheese/ Granola Bar Pineapple Tidbits Milk</p> <hr/> <p>String Cheese Pineapple Tidbits</p>	<p>10</p> <p>Breakfast Pizza Pears Milk</p> <hr/> <p>Animal Crackers Milk</p>	<p>11</p> <p>Pumpkin Butter (Recipe) English Muffin Milk</p> <hr/> <p>Pumpkin Butter English Muffin</p>	<p>12</p> <p>Animal Crackers Apple Slices Milk</p> <hr/> <p>Animal Crackers Apple Slices</p>	<p>13</p>
<p>16</p> <p>Nutrigrain Bar Tropical Fruit Milk</p> <hr/> <p>Nutrigrain Bar Tropical Fruit</p>	<p>17</p> <p>Cheerios Banana Milk</p> <hr/> <p>Cheerios Milk</p>	<p>18</p> <p>Soft Pretzel w/Cheese Peaches Milk</p> <hr/> <p>Soft Pretzel w/Cheese Peaches</p>	<p>19</p> <p>Bagel/ Peanut Butter Jelly Mixed Fruit Milk</p> <hr/> <p>Bagel/Peanut Butter Jelly Milk</p>	<p>20</p>
<p>23</p> <p>Sunnyside Waffle (Recipe) Milk</p> <hr/> <p>Sunnyside Waffle Milk</p>	<p>24</p> <p>Cottage Cheese ½ English Muffin Pineapple Tidbits Milk</p> <hr/> <p>Cottage Cheese Pineapple Tidbits</p>	<p>25</p> <p>Bagel/Cream Cheese Pears Milk</p> <hr/> <p>Bagel/Cream Cheese Pears</p>	<p>26</p> <p>Thanksgiving</p>	<p>27</p>
<p>30</p> <p>Rice Chex Orange Slices Milk</p> <hr/> <p>Rice Chex Milk</p>				

Menu is subject to change due to availability of menu items.

Any questions or concerns call
Kathy Dubie at
(810) 591-1858

